



LIVING WELL

Experience  
**Health and Wellness**  
at the Village



## Discover your path to health and wholeness

When you choose Friendship Village Columbus, you choose to join an active community with a philosophy that emphasizes a comprehensive approach to health and wellness. Friendship Village Columbus integrates physical, spiritual, nutritional, social and emotional health at every age. Covering 23 acres, the FVC campus provides a healthy variety of indoor walking spaces, nature trails, courtyards and gardens.

### Explore personal health and wellness that's close to home

- On-site fitness center
- Full-time fitness coordinator
- Dietician and nutritional services
- On-site wellness clinic
- Daily exercise classes
- Resident-led walking clubs
- Friendship Woods walking paths
- Enhanced access and transportation to the Westerville Community Center, with access to a leisure pool with lazy river, aquacise classes and a lap pool

### Expand your mind with on-site and nearby educational and cultural pursuits

- More than 120 on-site concerts, programs, performances and lectures annually
  - Book Club
  - Lectures and Lifelong Learning Series
  - Village Writers Group
  - Monday Night at the Movies
  - Seasonal celebrations
  - Village Singers and Chimes
- Extensive in-house library in conjunction with the Westerville Public Library
- Easy access to a number of area cultural centers
  - Columbus Museum of Art
  - Frank Museum of Art
  - Battelle Fine Arts Center, Otterbein University
  - Franklin Park Conservatory
- Performing arts outings
  - Otterbein Theater Department productions
  - Curtain House Players
  - Ballet Met
  - Columbus Symphony Orchestra
  - CAPA Columbus
  - Westerville Symphony



## Cultivate hobbies and become active in community life

- Arts and crafts studio
- Woodworking studio
- Billiard room
- Personal gardening areas
- Serve on one or many resident committees

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Isn't it time for you to start living the Village life?  
Call **(614) 890-8282** or visit **[fvcolumbus.org](http://fvcolumbus.org)** for more information about our community.



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*Deeply rooted in friendship, purpose  
and peace of mind since 1978*

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**[fvcolumbus.org](http://fvcolumbus.org)**  